

DELAWARE STUDENT HEALTH FORM – ADOLESCENT Grades 7-12

To be completed by licensed healthcare provider:

Physician (MD or DO), Clinical Nurse Specialist (APN), Advanced Practice Nurse (APN), or Physician's Assistant (PA)

To Parent or Guardian:

In order to provide the best educational experience, school personnel must understand your child's health needs. This form requests information from you (Part I) and your health care provider (Parts I, II and III). All students in Delaware public schools must provide documentation of current immunizations. Beginning in August 2016, students entering Grade 9 must have had an adolescent booster dose of Tdap and one dose of meningococcal vaccine. Additionally, a current (within 2 years) health examination is required upon school entry and prior to Grade 9.

Talk with your health care provider about important issues¹ regarding your child, such as:

- Physical Growth and Development** (physical and oral health; body image; healthy eating; physical activity)
- Social and Academic Competence** (connectedness with family, peers, school, and community; interpersonal relationships; school performance)
- Emotional Well-Being** (coping; mood regulation and mental health; self-esteem; sexuality)
- Risk Reduction & Safety** (tobacco; alcohol or other drugs; pregnancy; STIs; infection; disaster planning)
- Violence & Injury Prevention** (safety belt and helmet use; substance abuse and riding in a vehicle; abuse protection; guns; interpersonal violence [fights/dating violence]; bullying)
- Immunizations**

Immunizations Required for Newly Enrolled Students at Delaware Schools

GRADES 7-12:

- DTaP/DTP, Td/Tdap:** Completion of the primary series plus an adolescent booster dose of Tdap administered at age 11-12 or prior to entry into Grade 9.
- Polio:** 3 or more doses. If the 3rd dose was prior to the 4th birthday, a 4th dose is required.
- MMR²:** 2 doses. The 1st dose should be given on or after the 1st birthday. The 2nd dose should be given after the 4th birthday.
- Hep B²:** 3 doses. For children 11 to 15 years old, two doses of a vaccine approved by CDC may be used.
- Varicella³:** 2 doses. The 1st dose must be given on or after the 1st birthday.
- Meningococcal:** 1 dose is required for entry into Grade 9. A second dose is recommended by the Division of Public Health for all adolescents.

Immunizations Strongly Recommended by the Delaware Division of Public Health

- Influenza (seasonal) vaccine:** each year for all children (6 months and up).
- Human papillomavirus vaccine (HPV):** all girls and boys (ages 11 or 12)
- Pneumococcal vaccine (PCV13):** children with specific risk factors
- Pneumococcal vaccine (PPSV):** certain high risk groups
- Hepatitis A:** unvaccinated children who are or will be at increased risk

¹Clinicians refer to: Bright Futures: Guidelines for Health Supervision of Infants, Children and Adolescents, (3rd Ed.) AAP, 2008

²Disease histories for measles, rubella, mumps and Hepatitis B will not be accepted unless serologically confirmed.

³Varicella disease history must be verified by a health care provider to be exempted from vaccination.

⁴A new school enterer is a child entering a Delaware school district for the first time.